

**Recipe: 27423 - OM 8523 Donut Recipe 193 Maple Iced Bavarian Long John Mel
O Cr me West**

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (136g)	
Servings Per Container		About 480	
Amount Per Serving			
Calories	490	Calories from Fat	200
% Daily Value *			
Total Fat	22g		34%
Saturated Fat	9g		46%
Trans Fat	2g		
Cholesterol	0mg		0%
Sodium	420mg		18%
Total Carbohydrate	68g		23%
Dietary Fiber	0g		0%
Sugars	36g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, , Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6.
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27425 - OM 8523 Donut Recipe 195 Maple Iced Bavarian LJ W/Nuts Mel
O Cr me West**

Recipe Owning Business Unit: 400000 - West - Omaha

Production Item: 20852300000 - Single Donut Recipe

Production Item Owning Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (120g)	
Servings Per Container		About 576	
Amount Per Serving			
Calories	410	Calories from Fat	170
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	8g		38%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	350mg		15%
Total Carbohydrate	57g		19%
Dietary Fiber	0g		0%
Sugars	30g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed), Yeast, High Fructose Corn Syrup, Salt, Corn Syrup, Whey, Food Starch Modified, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, , Yellow Corn Flour, Sorbic Acid And Sodium Benzoate (As Preservatives), Titanium Dioxide (As Color), Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Mono And Diglycerides With Bht As Preservative, Phosphoric Acid, Agar, Propylene Glycol, Glycerine, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color, Fd&C Yellow 5 And 6. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6.
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: None

**Recipe: 27538 - SC 8523 Donut Recipe 218 Maple Iced Cr me Long John Mel O
Cr me West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (106g)	
Servings Per Container		24	
Amount Per Serving			
Calories	380	Calories from Fat	150
% Daily Value *			
Total Fat	17g		26%
Saturated Fat	7g		35%
Trans Fat	1.5g		
Cholesterol	0mg		0%
Sodium	330mg		14%
Total Carbohydrate	53g		18%
Dietary Fiber	0g		0%
Sugars	29g		
Protein	4g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	0%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Vegetable Oil [Palm, Soybean, And Cottonseed], Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening [Sodium Acid Pyrophosphate, Baking Soda], Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6.
Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: None

**Recipe: 29598 - GR 8523 Donut Recipe 219 Maple Iced Cream LJ W/Sprinkles
Mel O Cr me**

Recipe Owing Business Unit: 100000 - East - Grand Rapids

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

1990 Nutrition Panel

Nutrition Facts			
Serving Size		1 Donut (113g)	
Servings Per Container		24	
Amount Per Serving			
Calories	420	Calories from Fat	170
% Daily Value *			
Total Fat	18g		28%
Saturated Fat	9g		46%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	330mg		14%
Total Carbohydrate	59g		20%
Dietary Fiber	1g		4%
Sugars	33g		
Protein	5g		
Vitamin A	0%	Vitamin C	0%
Calcium	4%	Iron	10%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fibre		25g	30g

Ingredients: Filled Long John Donut (Enriched Flour [Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Water, Sugar, Palm Oil, Soybean Oil, Yeast, Salt, Whey, Hydrogenated Palm Oil, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, BHT And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Poly Sorbate 60, Annatto And Turmeric Extract Color), Maple Flavored Icing (Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative [Potassium Sorbate], Salt, Stearic Acid, Sulfites, Yellow 6), Rainbow Sprinkles (Sugar, Corn Starch, Vegetable Oil [Palm Kernel Oil And/Or Palm Oil], Soy Lecithin, Dextrin, Confectioner's Glaze, Red 40 Lake, Natural And Artificial Flavor, Yellow 6 Lake, Carnauba Wax, Yellow 5 Lake, Blue 1 Lake, Red 3, Red 40)
Allergens: WHEAT, MILK, SOY, EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27441 - SC 8523 Donut Recipe 199 Maple Iced Unfilled LJ W/Sprinkles
Mel O Cr me West**

Recipe Owing Business Unit: 500000 - West - St. Cloud

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
About 576 Servings Per Container	
Serving Size	1 Donut (92g)
Amount Per Serving	
Calories	35
% Daily Value *	
Total Fat 1.5g	2%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 3g Added Sugars	7%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Rainbow Sprinkles (Sugar, Corn Starch, Palm Oil And Palm Kernel Oil, Soy Lecithin, Dextrin, Carnauba Wax, Confectioner's Glaze, FD&C Yellow #5 Lake, FD&C Yellow #6 Lake, FD&C Blue #1 Lake, FD&C Red #40 lake, FD&C Red #3, FD&C Blue #2 & FD&C Red #40)
Allergens: WHEAT, MILK, SOY , EGGS

Bioengineered: Contains Bioengineered Ingredient

**Recipe: 27444 - FG 8523 Donut Recipe 200 Maple Iced Unfilled LJ W/Nuts Mel O
Cr me West**

Recipe Owing Business Unit: 200000 - West - Fargo

Production Item: 20852300000 - Single Donut Recipe

Production Item Owing Business Unit: 0 - Corporate

2016 Nutrition Panel

Nutrition Facts	
About 576 Servings Per Container	
Serving Size	1 Donut (92g)
Amount Per Serving	
Calories	0
% Daily Value *	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ingredients: Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Vegetable Oil (Palm, Soybean, And Cottonseed). , Yeast, Salt, Whey, Defatted Soy Flour, Mono And Diglycerides, Extract Of Corn Flour And Malted Barley, Leavening (Sodium Acid Pyrophosphate, Baking Soda), Nonfat Milk, Yellow Corn Flour, Sodium Stearoyl Lactylate, Datem, Egg Yolk With Sodium Silicoaluminate, Bht And Citric Acid To Help Preserve Flavor, Natural And Artificial Flavor, Annatto And Turmeric Extract Color. Ingredients: Sugar, Water, Corn Syrup, Contains 2% Or Less Of: Agar-Agar, Artificial Flavor, Caramel Color, Citric Acid, Cornstarch, Guar Gum, Pectin, Preservative (Potassium Sorbate), Salt, Stearic Acid, Sulfites, Yellow 6. Dry Roasted Peanuts

Allergens: WHEAT, MILK, SOY , EGGS, PEANUTS

Bioengineered: None