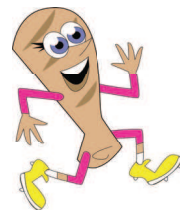


## Dairy

1. Milk has so many health benefits! Did you know that you could get some of these nutrients not only by drinking milk, but also by eating foods made with milk? Which foods below can help you maintain strong bones and teeth because they are dairy? Circle your answers.



## Breaking News!

2. Cows are not the only source of milk we drink! Unscramble the words below to find out which other plants and animals produce milk that you can try.

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spehe

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